

# Middle Way House Prevention Programming

Presented by Sam Harrell, MSW

# Who are we?

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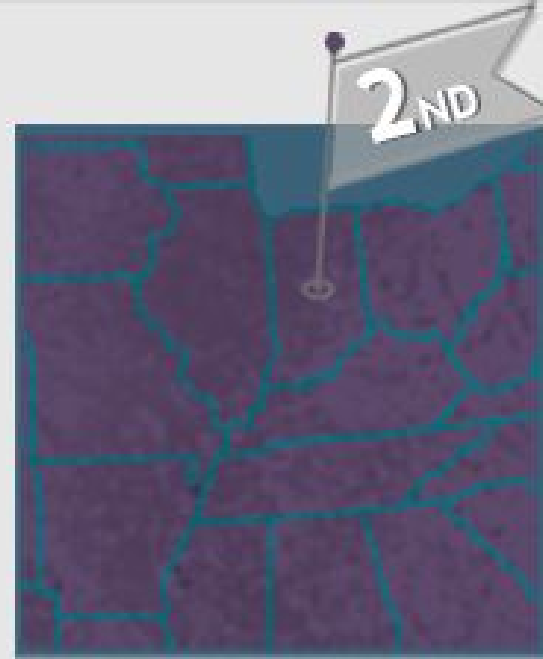
Evelyn Smith, Community Outreach Coordinator

Christa Turpin, Greene County Advocate

Lisa Muench, Martin County Advocate

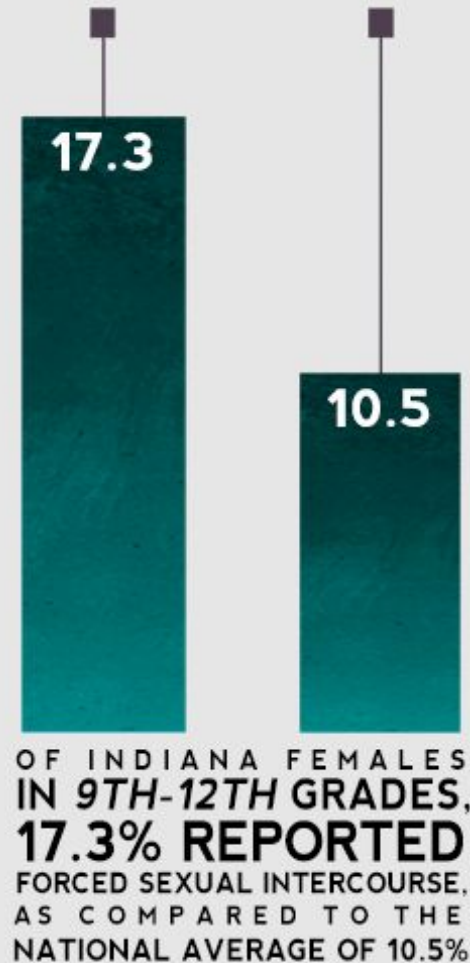
Why prevention?

It starts early...



INDIANA HAS THE  
**SECOND HIGHEST**  
RATE IN THE NATION  
*OF FORCED SEXUAL INTERCOURSE*  
(FEMALES IN 9TH-12TH GRADES)

It starts early...



# It starts early...

42.2% of female rape survivors were first raped before age 18 and 27.8% of male rape survivors were first raped when they were age 10 or younger (CDC).

Among female survivors of intimate partner violence, 94% of those age 16-19 assaulted by a current or former boyfriend or girlfriend (Department of Justice).

Violent behavior typically begins between the ages of 12 and 18 (American Bar Association Juvenile Justice Center)..

# It has long term effects...

Violent relationships in adolescence can put survivors at higher risk for substance abuse, eating disorders, and further domestic violence (JAMA).

50% of youth who have been survivors of both dating violence and rape attempt suicide, compared to 12.5% of girls and 5.4% of boys who have not (loveisrespect.org).

# Teens are alone...

Only 33% of teens who were in a violent relationship ever told anyone about the abuse ([loveisrespect.org](http://loveisrespect.org)).

81% of parents believe teen dating violence is not an issue or admit they don't know if it's an issue (University of Michigan).



# Some core values

Believing survivors is a preventative strategy

Violence is never the survivor's fault

Prevention is not risk awareness

We are all responsible for changing the conditions that foster violence

# Building Healthy Relationships: An Overview

# Gender Roles & Stereotypes

Defining gender & stereotypes

Interactive activity exploring gender role expectations

Connecting rigid gender roles and gender-based violence

Reflecting on where gender role messages come from

Committing to treating one another with compassion and equality, across the gender spectrum

# Healthy & Unhealthy Behaviors

Exploring power within different types of relationships

Defining violence

Reviewing *Teen Power & Control Wheel*

Interactive activity exploring a spectrum of behaviors between “healthy” and “unhealthy”

Discussing why survivors stay

# Setting & Respecting Boundaries

Reviewing *Teen Equality Wheel*

Defining boundaries

Exploring types of boundaries

Performing role-plays on setting and respecting boundaries

# Affirmative Consent & Sexual Violence

Defining consent (freely given, reversible, informed, enthusiastic, specific)

Defining sexual violence, sexual harassment, and rape

Interactive activity exploring rape myths

Knowing what to say when someone tells you they've experienced sexual violence

Most rapes are committed by someone the survivor knew, like a friend or dating partner.

If the person didn't fight back, then it wasn't actually rape.



Women often “cry rape”  
to get men in trouble or  
because they regret  
having a sexual  
encounter.

# Supporting Survivors & Bystander Intervention

Revisiting victim-blaming

Discussing what makes intervention difficult

Learning strategies for bystander intervention (distraction, direct action, delegation)

Role play bystander intervention scenarios

# Other Programs

Queer Talk

Stepping Stones

Youth Services Bureau

Girls, Inc.

Boys & Girls Clubs

Prism Youth Community

Local GSAs

Panels & Presentations

# Let's talk!

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